## Agenda

- Welcome and review of purpose and goals (5 minutes)
- 2. Norming (5 minutes)
  - Lorea Martinez's slide on acknowledging and working with our emotions
  - Pauses and Racial Self Care Checklist
- 3. Safe and Safer Space breakout rooms (20 min) (dismantlingracism.org)
- 4. Checking in (jamboard) (10 min)
- 5. November's work (20 min)
  - Community Group resource list
  - checking in with District
  - Work on All Three Levels (dismantlingracism.org)